psalm 32

Read Psalm 32 together.

1) What are some of the ways non-Christians deal with the weight of sin and shame? Are they effective methods? Explain.

2) Jesus says to us in Matthew 11:28-30…

28 “Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light.”

Why do you think that people refuse Jesus’ offer to lift their burdens?

3) Psalm 32:1 says “Blessed is the one whose transgressions are forgiven.” What is a transgression or what is it that have we transgressed?

How are transgressions forgiven? Explain and give Bible references if you can.

The psalmist also says that those whose sins are covered are blessed. What blessings do you think come from forgiven transgressions and covered sin?

3) Psalm 32: 2 says…

“Blessed is the one whose sin the Lord does not count against them

and in whose spirit is no deceit.”

Explain in light of the gospel why God would not count someone’s sin against them? What happens to those against whom God does count their sin against them?

Isaiah 59 says:

1Surely the arm of the Lord is not too short to save, nor his ear too dull to hear. 2But your iniquities have separated you from your God; your sins have hidden his face from you, so that he will not hear.

Why doesn’t God hear or save everyone? Explain.

What is the implication in verse 2 concerning the person that has been forgiven? How should the Christian act?

4) Is there a benefit in keeping quiet about sin and acting as if there is nothing wrong? See verse 3.

In what ways does God pursue us as the Hound of Heaven or how does he place his hand upon us as in verse 4?

5) Reread vs. 5. How does David’s confession of sin fit in with what John tells us in 1 John 1:9

9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

6) In light of Acts 4: 11-12 what hope is for there for those who reject Jesus?

11 Jesus is “‘the stone you builders rejected, which has become the cornerstone.’ 12 Salvation is found in no one else, for there is no other name under heaven given to mankind by which we must be saved.”

7) Explain what David means when he says that we should “pray to God while he may be found” in verse 6.

8) According to verses 6 and 7 what comforts do we have who have sought God’s forgiveness?

9) What does David tell us in vs 8? How does it correspond with 1Peter 3:15?

10) Explain how the bit and bridle are similar to the woes of the wicked for the unforgiven.

11) Matthew 18: 21 – 35 outlines the story of the unmerciful servant. How do you it relates to the way we as believers need to act given the forgiveness we have in Christ?